

# PE POLICY

Greenacre School



<b>VERSION CONTROL BOX</b>	
<b>DATE OF REVIEW</b>	<b>July 2018</b>
<b>OVERVIEW OF CHANGES</b>	No changes made.
<b>DATE OF NEXT REVIEW</b>	<b>July 2019</b>
<b>REVIEWER</b>	<b>J Lonsdale</b>



## **GREENACRE SCHOOL PHYSICAL EDUCATION POLICY**

### **RATIONALE**

At Greenacre School Physical Education (PE) is viewed as providing the opportunity for each pupil to realise the enjoyment and benefits of physical activity. This is primarily at school, but also to encourage its continuation throughout adult life, nurturing a positive attitude towards a healthy and active lifestyle.

### **PURPOSE:**

1. To provide for the widest possible variety of physical needs, from attempting to lessen the effects of abnormal movement and posture, to equipping pupils with the necessary skills to participate in physical activities and sports for leisure.
2. To help pupils become as independently mobile and physically active as possible.
3. To encourage pupils to reach their full physical potential through a structured and developmental programme thereby promoting a sense of achievement and self esteem.
4. To develop each pupil's awareness of their own physical capabilities and appreciation of individual differences.
5. To encourage pupils to co-operate and collaborate with other people of different abilities, accepting both success and defeat.
6. To assist pupils to evaluate their movement ability and limitations, particularly from a personal safety aspect and to be aware of the safety of others.
7. To give pupils opportunities to develop artistic and aesthetic understanding within and through movement, as well as providing a means of self-expression.
8. To help pupils to develop a positive approach to life.
9. To provide pupils with a means to extend problem solving and inter-personal skills.
10. To develop and extend links between the school, the community, other schools and organisations that allow for lifelong participation.
11. To assist pupils to develop skills; techniques and knowledge of rules in physical education to access the curriculum at an appropriate level.
12. To enable pupils to gain qualifications at an appropriate point in their education.

### **GUIDELINES:**

1. PE is delivered in accordance with the National curriculum in England and appropriate awarding bodies.
2. PE should have cross-curricular links with all appropriate areas as well as maintaining close liaison with all therapy services.
3. All pupils should be encouraged to access an appropriate range of PE equipment, with specialised equipment being utilised where possible.

4. The school should provide a full range of PE equipment and experiences.

## **CONCLUSION**

PE is an essential part of the school curriculum and makes a positive contribution to the overall development of pupils in providing them with a set of skills with which to operate within their environment. We view PE as encompassing the widest possible range of abilities and needs, as well as offering a valuable means of expression, recreation and motivation.

Signed ..... Lead Teacher                      Date .....

## **Equality Monitoring**

**This statement demonstrates our commitment to ensure we give due regard to:**

**Eliminate discrimination and other conduct that is prohibited by the act**

**Advance equality of opportunity between people who share a protected characteristic and people who do not share it**

**Foster good relations across all characteristics between people who share a protected characteristic and people who do not share it**